**Managing Students with Chronic Health Conditions at Scoil Naomh Eltin**

1. This school ensures that the whole school environment is inclusive and favourable to students with chronic conditions.
2. This school understands that certain chronic conditions are serious and can be potentially life threatening, particularly if ill managed or misunderstood. Parents have a duty to inform the school of such a condition and provide the necessary medical equipment to respond to emergencies.
3. This school has clear guidance on the administration and storage of medication and necessary equipment to respond to emergencies.
4. Staff understands the common chronic health conditions that affect students at this school. Staff receive appropriate training on chronic conditions and what to do in an emergency.

**What is anaphylaxis?**

Anaphylaxis is a severe and potentially life-threatening allergic reaction. It may occur within minutes of exposure to the allergen although sometimes it can take hours. It must be treated quickly with adrenaline.

Any allergic reaction including anaphylaxis occurs when the body’s immune system overreacts to a substance that it perceives as a threat. On rare occasions there may be no obvious trigger.

Common triggers of anaphylaxis include:

* Peanuts and tree nuts
* Sesame and other seeds
* Fish
* Shellfish
* Dairy products
* Egg
* Soya
* Wasp or bee stings
* Natural latex rubber
* Penicillin and other drugs

To download information sheets on these and other allergens visit

[www.anaphylaxisireland.ie](http://www.anaphylaxisireland.ie)

Allergies are increasingly common and it is likely that there will be students in your school with allergies and some may be at risk of anaphylaxis. 1 in 50 children are allergic to peanuts or tree nuts.